

■ OORJA SANCHAY

Heal. Awaken. Transform.

A 3-Day Divine Energy Awakening & Conservation Shivar led by Bageshwar Dham Sarkar,
under the grace of Bageshwar Balaji

ABOUT THE JOURNEY

Oorja Sanchay is a global workshop and healing initiative for energy purification, mental clarity, and spiritual upliftment — uniting ancient yogic wisdom with practical, everyday life tools. Across a sacred 5-step process, seekers walk a path designed to cleanse, focus, heal, and elevate, in the sheltering grace of Bageshwar Balaji and the living guidance of Bageshwar Dham Sarkar (Guruji).

“When the soul is ready, the Divine calls — come, purify your path, awaken your purpose, and return with the light within you.” — Bageshwar Dham Sarkar

THE SACRED 5-STEP PROCESS

Rooted in the Panchkosha theory of yoga, the process is bookended by Pre-Camp Preparation before the Samagam and the daily Surya Puja at its close.

1	Pre-Camp Preparation	Before the Samagam: no onion-garlic, light exercise, hydration, rising in Brahmamuhurta.	Increases the body's receptivity to the sadhana ahead.
2	Path Shodhan	Yoga + Pranayama at Brahmamuhurta. (15 min)	Prepares the body and opens the way for energy to flow.
3	Bandhan / Paash Bodh	Guided introspection under Guruji's words. (30 min)	Surfaces energy long held in the conscious and subconscious mind.
4	Kosha Shuddhi	Beej Mantra chanting, guided by Guruji. (30 min)	Clears negative energy, prepares the inner being to be filled anew.
5	Dev Tratak	Lamp-gazing meditation (Tratak) on the Ishta. (15 min)	Steadies the subconscious, draws the seeker into direct devotion.
6	HaasRaas	Sacred, open laughter with Guruji. (15 min)	Fills the sadhak with lightness and closeness to Guruji.
7	Surya Puja	Surya Darshan & Arghya, offered daily with mantras.	Anchors each day with gratitude, power, and divine direction.

NEXT SHIVIR

Oorja Sanchay Shivar — 28th August 2026. Join Bageshwar Dham Sarkar for the next 3-day Oorja Sanchay Shivar — a complete journey through the sacred 5-step process, live darshan, and satsang.

Seats are limited; register early to reserve your place.

HOW TO JOIN

In-Person Shivr — a 3-day immersive workshop with live darshan and satsang. **Online / eLearning** — a self-paced digital path through the same process, guided by Gururji, for seekers who cannot travel. Register your interest for either path via the Contact or eLearning pages on oorjasanchay.com.

Please note: submitting a registration form is an enquiry of interest, not a confirmed booking. No online payment is processed through the website; our team will follow up directly by phone, WhatsApp, or email to confirm your place.

CONTACT

Contact Us	+91 70550 05553 / +91 70550 05554 · info@oorjasanchay.com
Bageshwar Dham	Village – Gadha, Post – Ganj, District – Chhatarpur, Madhya Pradesh, Pin – 471105
Website	oorjasanchay.com

Inspired by the teachings of Bageshwar Dham Sarkar & the grace of Bageshwar Balaji. This brochure is provided for informational purposes; please confirm the latest dates and details at oorjasanchay.com.